

## Medicine Guidelines Before Colonoscopy



If you take diabetes medications or blood thinners (including warfarin (Coumadin), ticlipidine (Ticlid), clopidogrel (Plavix), enoxaparin (Lovenox), cistazol (Pletal), dabigatran (Pradaxa), apixaban (Eliquis), etc.), call your prescribing doctor **AT LEAST TWO WEEKS** before your colonoscopy. They will give you specific instructions on adjusting your dosage.

### **5 days before your colonoscopy, stop taking:**

- Anti-diarrhea medications (Imodium, Kaopectate)
- Fiber supplements (Metamucil, Citrucel)
- Iron supplements (including multivitamins with iron)
- Vitamin E

### **All other medications:**

You can take them with a sip of water on the day of your exam, unless otherwise instructed by your doctor.

### **Aspirin:**

Consult your doctor about continuing aspirin before your colonoscopy.

### **General Reminders:**

- Do not take any medication other than what is specifically allowed without first asking your doctor.
- Follow all instructions provided by your doctor and the pharmacy carefully.
- If you have any questions or concerns, contact your doctor immediately.
- I hope this makes the instructions easier to understand! Please remember, this information is for general educational purposes only and should not be interpreted as medical advice. Always consult with your doctor before making any changes to your medication regimen.